

Your health and safety are important to us. _____ can make a difference in your care by asking questions and being actively involved.

Speak up...

If you don't understand something or need something explained.

Pay attention...

Don't be afraid to remind care providers to wash their hands.

Educate yourself...

Ask for written information about your condition and treatment.

Advocates (family members) can help...

Ask questions and write down information and instructions for you.

Know about your medication meds@chc.org

